

M-214 Tuesday April 25, 1961

Played on Thursday Feb.1, 1962

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QUESTION: (Max Cohen) About the reading: the view of the work shown was so tremendous that I can't connect my personal experience with the tremendous density of material that was given tonight.

ANSWER: The reading had to do with the formation of four bodies. A man should have four bodies. The reading was logical and clear; the answers were not. One ought to be clear about it. This is my interpretation of it; how I see it. Ouspensky always speaks of four bodies and I speak of three bodies but they can be related. There is a difference between the fourth ~~body~~ body and the other three; only the fourth is immortal. Ouspensky doesn't go into detail about fusion, i.e. how bodies change into one another. Fusion takes place when something goes from one level to the next. The Astral Body has different properties than the physical body. When the three are functioning in the proper way, they can fuse into one. This is the chemical fusion 'non plus ultra'. In All And Everything, Gurdjiff tells of the three bodies of certain beings who, after they have developed separately and completely, unite and become really one. The three bodies and the food scale are a description of man number one, two, three, four, five six, and seven. The physical body represents man number one, two and three, the difference being only one of attitude. All three are equal as far as a line of possible development is concerned. They are all three unconscious. Four and Five are the beginnings of consciousness. Four is the beginning of the further development of the Astral Body. Five is the higher development, So, La, Si of that octave. Do, Re, Mi of the third body are parallel to So, La, Si of the second body. So, La Si, of the third body is permanent. It represents man number seven. Seven is permanent regarding six and five permanent regarding ~~the~~ four. The division between that what is permanent and that what is impermanent is the Fa in the octave. When one works, the two higher bodies receive food for growth. So, La, Si of the first body is a repetition of the lower half of that octave, i.e. Do, Re, Mi. In ordinary man, in the Do, Re, Mi, of the first octave, are the beginnings of three higher centers. Do representing Physical, Re representing emotional, and Mi representing intellectual. Ordinary man crosses Fa of the first octave as he breathes, ~~it~~ i.e. air is the food for the development of the octave. When he crosses Fa, he should then develop So, La, Si on a different scale but, because of the way ordinary man is, So, La, Si is like Mi, Re, Do. The damage is therefore done in the higher story of the first body. Evolution means that So, La, Si, begins to develop in the proper way and in parallel the octaves corresponding to the two higher bodies. If one develops So, La, Si one becomes like a triad of three notes and it doesn't matter from which of the three notes (or three angles of the triangle) one approaches it. This is the connection of the Law of Seven with the Law of Three. The Law of Three is demonstrated through Do (which equals Do Re Mi and if I don't cross Fa it is Mi, Re, Do) Fa (which is a point in the triangle where an outside shock is required, and Si-Do (which becomes the same as So, La, Si and then Si can go to Do) This is the triangle of man. It is based on the Law of Seven and applies to the development of all three bodies.

Man is unconsciously complete. He would like to become consciously complete. The beginning of work is making impressions conscious. It starts at Do, Re, Mi of the third body. At the same time, it leads to the further development of the second body and also serves to free Do from Si in the first body. It is Parktdolg Duty. Suffering has no meaning unless it is linked with the effort to be awake. Suffering does not consist in wishing to be different. At Do, of the third body, impression

can be received independantly, i.e. they ~~must~~ need not be interfered with associations or likes and dislikes. This Do means observation. Re (which is comparable to La of the second octave) represents participation. Mi (which is comparable to Si in the second octave) represents experimentation. The third octave effects the second octave and then there can be an interchange, i.e. the second octave supplies the proper attitude.

The thinking process has to do with past and future. I have to learn to live between the two. A note will vibrate two times as fast as the same note an octave lower. But we can't understand this in terms of bodies. We must try to see it as a matter of different densities: Solid to liquid to vapor and then to disappearance. This is analagous to a tire with air in it and then with ether in it. The appearance and the manifestation of the tire is the same. It is the contents of the tire ~~is~~ that is different. When I start to apply these ideas, the results are in conformity with the above. I need to apply ideas or else I will come to a point where I won't know what to do. The development of the brain (knowledge) must be parallel with the development of being. There must be balance. I have to have all three octaves advance together. The second body is neutralizer between what is lower and what is higher. If feed only my intellect, I will run dry.

remnant

Magnetic center is a ~~remnant~~ of God. We ask: Why does disease exist? Is the purpose for my life, of being born that I die? I cannot counteract the opposing forces after my youth is over. The question is: Why is destruction necessary? After I am born I am driven towards the end of the cosmic ray because I am on Earth and that is the place where the Earth is in the cosmic ray. Opposing that is life. My interest in things that are not of this world begins with Magnetic Center. Humanity is a total body in which each person is an individual cell with an individual function. Some men are heart cells, some are liver cells, etc, in regard to organic life as a whole. Some, due to Magnetic Center, are interested in more than organic life. Man is a fallen angel and has only a few cells that belong to a higher level. They can be developed with higher food, is man is open. Why do I want to develop? Ordinary life is no answer; it is only 'mutton and wool', i.e. food for the moon. Wish, yearning and aspiration are needed for higher growth, to change procreation into creation. Magnetic Center explains why some people thirst for something not of this world. They are then at Sol, La, Si of the second body and they can never fall back below Sol.

Fa in the third octave is parallel with Si-Do of the second. It means to become free of ones emotions. Fa of the second body effects Si-do in the first and man can then become free of his ordinary physical form. What can come in at Fa of the third octave is voluntary suffering, i.e. intentionally produced conditions. At that point I am free from ordinary wishes of Earth. Si-Do of the second body means that I become freer and freer from relations with people, i.e. non-identification on an emotional plane. It is intentionally suffering. Man number seven lives essentially in second body and come back, without losing himself) into the manifestations of the first body. When I am at Sol of the third body I am preparing for a possible unification of the three bodies. When this takes place, the lower triangle must be turned over and also reversed, an illustration of minus times minus equals plus. It is a paradox. Si-Do of the third body is a point at which mystics have unity with their God; God being the ~~unity~~ unity of all three bodies within himself. With this fusion all boundaries have disappeared. It is limitless, immortal. This is the

passenger who uses the horse and carriage.

At the reading it was asked: What happens to the second body? It has three functions: a brain, a body (which is not as dense as ordinary physical body) and emotions which are the center of the body. In physical body the emotions are like planetoids. In the second body, the emotions have unified into a planet. The intellectual part of the second body also functions but is not as yet developed enough to be original. Originality means that I am independent of that what is outside. The first stage of the intellect is associative (ordinary brain), the second is pondering, i.e., valuation. It is a process where by I see something from its beginning to its end, i.e., that the line of existence of the things ~~may~~ can be seen as a point. Pondering is weighing. It means that, in the case of a match, I will also see that match in relation to all other matches. The brain of the third body has to do with how it would be if I were Prime Minister of the world. I is also valuation but this time in relation to people. It functions without being prejudiced by the emotions.

QUESTION: What are the physical manifestations of the higher bodies?
ANSWER: They have powers such as clairvoyance, telepathy, etc. However one need so be on a level corresponding to the level of that which manifests. The brain of the Kesdjan Body can receive information which the ordinary brain can not receive. The more the freedom, the higher the level of awareness. We can not bring this into the framework of but brains crude comprehension, It would be almost sacrilegious. I can not use the key of someone else. It would be a violation of higher law

QUESTION: What is the difference between participation and intentional suffering?

ANSWER: Intentional suffering is a creation of an entirely different world. It is outside of the limits of my ordinary ~~life~~ life, of what is within my means. It is a big step but we have to see all of it in relation to the place where we are